



Sample Schedule

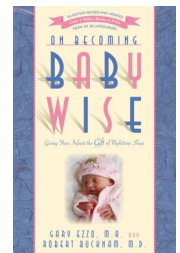
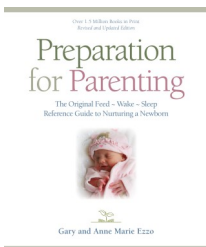
WEEKS 12-15

After Merge Three

Feeding

Activities

1. Early Morning
6:30-7:00 am
_____ am
_____ am
Feeding, diaper change and hygiene care
Waketime
Down for nap
2. Mid-Morning
9:30 am
_____ am
_____ am
Feeding, diaper change and hygiene care
Waketime
Down for nap
3. Afternoon
12:30 pm
_____ pm
_____ pm
Feeding, diaper change and hygiene care
Waketime
Down for nap
4. Mid-Afternoon
3:30 pm
_____ pm
_____ pm
Feeding, diaper change and hygiene care
Waketime
Down for nap
5. Late Afternoon
5:30-6:00 pm
_____ pm
_____ pm
Feeding, diaper change and hygiene care
Waketime
Down for nap
6. Early Evening
8:30-9:00 pm
Feeding, diaper change
Down for night



GrowingFamilies.*Life*

Reaching the Nations One Family at a Time