

Emotional Touchpoint Profile for Children*

This Touchpoint Profile was adapted for children approximately 5 – 12 years of age. Within each group, rate the sentence 1 to 5 according to what would make your child feel most appreciated and loved. The number 5 represents what is most meaningful and affirming; number 1, represents what is least meaningful. (No individual grouping can have a number repeated twice.)

Group One

- A___ Mum or Dad says, "You really did a great job on that. I appreciate it."
- B___ Mum or Dad unexpectedly does something in or around the house or your room that you appreciate.
- C___ Mum or Dad brings you home a surprise treat from the store.
- D___ Mum or Dad invites you to go on a walk just for fun and to talk.
- E___ Mum or Dad makes a point to give you a big hug and kiss you before you leave the house.

Group Two

- A___ Mum or Dad tells you how much he or she appreciates you.
- B___ Mum or Dad volunteers to type your homework for you so you won't have to.
- C___ Mum or Dad brings you home a special food treat from the local bakery.
- D___ Mum or Dad invites you to sit down and talk about your day.
- E___ Mum or Dad gives you a hug even when you are just passing by room to room.

Group Three

- A___ Mum or Dad during a party shares about the great grades you got in school.
- B___ Mum or Dad helps pick up your room.
- C___ Mum or Dad surprises you with a present you didn't know you were getting.
- D___ Mum or Dad surprises you with a special afternoon trip.
- E___ Mum or Dad holds your hand as you walk through the mall or stands by your side with an arm around your shoulder at a public event.

Group Four

- A___ Mum or Dad praises you about one of your special abilities.
- B___ Mum or Dad brings you breakfast in bed.
- C___ Mum or Dad surprises you with a book you always wanted.
- D___ Mum or Dad plans a special night out for the two of you.
- E___ Mum or Dad will personally drive you to an event instead of you having to go on the old, crowded bus with the team.

* Created by Gary and Joy Hanson for Growing Families.

Group Five

- A___ Mum or Dad tells you how much his or her friends appreciate you.
- B___ Mum or Dad takes the time to fill out the long forms for school that you thought you were going to have to fill out yourself.
- C___ Mum or Dad sends you something special through the mail.
- D___ Mum or Dad kidnaps you for lunch and takes you to your favorite restaurant.
- E___ Mum or Dad gives you a back rub.

(Transfer the scores from each group to the score sheet below.)

Score Sheet

	Words	Service	Gifts	Time	Touch
Group 1	A___	B___	C___	D___	E___
Group 2	A___	B___	C___	D___	E___
Group 3	A___	B___	C___	D___	E___
Group 4	A___	B___	C___	D___	E___
Group 5	A___	B___	C___	D___	E___
Totals	A___	B___	C___	D___	E___

My Child's Emotional Touchpoint Profile (at age ____)

- 1. _____ 4. _____
- 2. _____ 5. _____
- 3. _____